



IT'S A NORWEGIAN THING.

BASED ON SEEDS AND WHOLE GRAIN FLOUR





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WHO WE ARE:

IT'S A NORWEGIAN THING.

Sigdal Crispbread is a crunchy flatbread based on whole grain flour and an abundance of flavorful seeds. It's perfect as a tasty snack by itself, for breakfast or lunch with one of your favorite toppings. Great for dips too!

Sigdal Crispbread is made from natural ingredients only, and is based on an old Norwegian baking tradition.



ORIGIN:
**HISTORY
IS PART OF
THE RECIPE.**

Crispbread, as we know it today, has been baked in Norway for more than 500 years. It was an ingenious way to store bread over a long time in a country with a harsh climate and a short growing season.

Evolution

Crispbread was originally baked from oats or barley, depending on where in the country you lived.

With the increase in trade, wheat and rye became more common. The new grains ended up being the preferred ingredients in most crispbreads, until a small bakery decided to try something different.



Oats

Quinoa

Flax seeds

Sunflower seeds



RECIPES:
**GREAT,
CRUNCHY IDEAS
- ANY TIME
OF THE DAY.**

Many Norwegians enjoy Sigdal as an open sandwich, some use it to add crunch to their meal, and others as a healthier yet flavorful snack with any dip.



Take a look! ↗

CRUNCHY IDEA FOR BREAKFAST:



*Sliced avocado
and egg*

CRUNCHY IDEA FOR SNACK



*Fruit bowl
with crunchy topping*

OUR PRODUCT RANGE:



GLUTEN FREE EVERYTHING

RICH IN FIBER - SOURCE OF PROTEIN

A wonderful punch of garlic and onion, combined with the rich taste of sesame seeds. Delicious as a snack, with dips, or perfect as an accompaniment to dinner. **Also available as non-gluten-free.**



OATS-NO-014-003



GLUTEN FREE SUNFLOWER SEEDS & QUINOA

RICH IN FIBER - SOURCE OF PROTEIN

This is a delicious gluten free crispbread with sunflower seeds and quinoa. Perfect for a healthy breakfast or snack.



OATS NO-014-002



GLUTEN FREE OATS

RICH IN FIBER - SOURCE OF PROTEIN

This crispbread contains gluten free oats. The oats and seeds give the crispbread a rich taste.



OATS NO-014-001



BREAKFAST

RICH IN FIBER - SOURCE OF PROTEIN

A crispbread made with oatmeal, spelt bran and oat flakes. Perfect start to the day!



RYE & SPELT BRAN

RICH IN FIBER - SOURCE OF PROTEIN

This delightfully crunchy crispbread contains several types of grains and seeds, with a rich taste. A whole grain crispbread with natural ingredients only.



SPELT FLAKES & PUMPKIN SEEDS

RICH IN FIBER - SOURCE OF PROTEIN

This crunchy crispbread contains several types of grains and seeds, with a distinct taste of pumpkin seeds. A whole grain crispbread with natural ingredients only.



HERBS & SEA SALT

RICH IN FIBER - SOURCE OF PROTEIN

This crispbread is made from several types of grains and seeds, with an exciting taste of herbs and sea salt. A wholegrain crispbread with natural ingredients only.





SIMPLY GOOD

RICH IN FIBER - SOURCE OF PROTEIN

A crispbread with oatmeal, spelt bran and packed with seeds and kernels. A perfect start to the day! Delicious whole grain crispbread made from natural ingredients only.



CRACKERS GLUTEN FREE CURRY & COCONUT

RICH IN FIBER - SOURCE OF PROTEIN

A real taste of India! These delicious whole grain crackers are made from natural ingredients only and are packed with seeds and kernels. Perfect on their own as a snack.



OATS NO-014-004



CRACKERS EVERYTHING

RICH IN FIBER - SOURCE OF PROTEIN

A delightful taste of garlic. These delicious whole grain crackers are made from natural ingredients only and are packed with seeds and kernels. Perfect with guacamole or hummus.



CRACKERS GLUTEN FREE TOMATO, GARLIC & CHIVES

RICH IN FIBER - SOURCE OF PROTEIN

A delightful taste of tomato, garlic and chives. These delicious whole grain crackers are made from natural ingredients only and are packed with seeds and kernels. Perfect for dips or on their own as a snack.



OATS NO-014-006



CRACKERS HERBS & SEA SALT

RICH IN FIBER - SOURCE OF PROTEIN

These delicious whole grain crackers are made from natural ingredients only and are packed with seeds and kernels. A great alternative to chips and suitable for any topping. Try with cream cheese, ham, or whatever you fancy!



CRACKERS ITALIAN SPICE

RICH IN FIBER - SOURCE OF PROTEIN

A real taste of Italy! These delicious whole grain crackers are made from natural ingredients only and are packed with seeds and kernels. Try with tapenade, ham, or on their own as a snack.





SEE MORE GREAT IDEAS: SIGDALBAKERI.COM AND  YouTube [SIGDALBAKERI](https://www.youtube.com/SIGDALBAKERI)



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