# 2022 Forest for Human Health and Well-being

**Date**  
2 May 2022 17:30-19:00

**Venue**  
Conference Room E5, COEX

<table>
<thead>
<tr>
<th>Program</th>
<th>Time</th>
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<tbody>
<tr>
<td>Opening</td>
<td>17:30 - 17:33</td>
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<tr>
<td>Opening address</td>
<td>Dr. Chang Jae Lee, President, Korea Forest Welfare Institute</td>
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<tr>
<td>Welcoming address</td>
<td>Dr. Won Sop Shin, President, Korea Forest Therapy Forum</td>
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<td>Congratulatory message</td>
<td>Hasu Lim, Deputy general, Forest Welfare Bureau, Korea Forest Service</td>
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<td>MOU and Photo Session</td>
<td>17:39 - 17:50</td>
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**Part 1**  
17:50 - 18:00  
Keynote Speech - Promotion of Human Health through a Multidisciplinary Approach to Forest Therapy  
John A. Linton, MD, Ph.D., Chairman of the Board, Chollipo Arboretum

**Part 2**  
18:00 - 18:40  
- A Current Landscape and Future Vision for Forest Therapy and Forests for Public Health on Public Lands in the US and Beyond  
  (Michiko Martin, USDA Forest Service)
- Forest therapy practices: Challenges and Opportunities  
  (Guangyu Wang, University of British Columbia)
- Nature Experience, Psychological Restoration, and Mental Health  
  (Terry Hartig, Uppsala University)
- Effectiveness of the Forest resources on Human Health  
  (Kyoung Min Lee, Forest Healing Resource Research at Korea Forest Welfare Institute)

**Discussion**  
18:40 - 18:50  
International Cooperation Plans for the Development of Forest Therapy and Forest Welfare  
Attendees

**Closing**  
18:50 - 19:00  
Event Closing